STEP 2: ATTACH ARM TO MOUNTING POST

STEP 4: ATTACH MONITOR TO MONITOR ARM

1. Slide VESA

end of Arm (a).

Bracket over Lip at

2a. If the arm is

equipped with a

Quick-Release Lever (b), push bottom of monitor into Arm until you

hear a click. To

Quick Release Lever and remove

remove, depress

monitor from Arm.

screws (c) as shown.

FRICTION ADJUSTMENTS

'Humanscale \。

Top Mount Arm

Align groove in Top Mount Arm stem with screw on Mounting Post. Slide stem into Mounting Post (b) and secure with screw (a).





Bracket Mount Arm Slide bracket onto Mounting

Post (c). Tighten lever (d) to secure at desired height.

STEP 3: ATTACH VESA **BRACKET TO MONITOR**

1. Select 75mm or 100mm VESA Bracket to match hole pattern on back of monitor.

2. Place VESA Bracket (b) in position on back of monitor with cut-out toward top of monitor (a) and attach using the four screws provided, or the screws that came with the monitor.





2b. If the Arm is not equipped with a Quick

CABLE MANAGEMENT

Release Lever, secure monitor to Arm using two

1. Slide cable management access panels forward to release and remove them (a).

2. Route cable(s) through the open channels in the underside of the monitor arm links.

3. Reposition access panels and slide back to secure (b).



Ball Joint Friction

Heavy monitors, or monitors mounted to an arm for a prolonged period of time may require increased friction. This can be achieved by tightening the three Ball Joint Friction Screws (a).

Mounting Post Friction

To increase friction on a heightadjustable post, or secure the post at a particular height, turn the Friction Dial (b) clockwise until the desired level of friction is achieved. To decrease friction for easier height adjustability, turn the Friction Dial counter clockwise.



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M7 Desk Mount Installation Instructions

STEP 1: IDENTIFY YOUR BASE MOUNT AND FOLLOW CORRESPONDING INSTRUCTIONS.

Clamp Mount

 Remove Bottom Assembly from Base by loosening screws (a) with hex key.

2. Place Vertical Assembly on Base (b). Make sure the External Tube is loosely secured by lining up cut-out with guide inside Base (c).

 Use M12 screw and hex key to secure the Vertical Assembly to the Base (d).
 Make sure the screw face is flush with the underside of the Base.

4. Position Base at desk edge (e).

 From under desk, reattach Bottom
 Assembly (f). Tighten
 Screws (a) and Clamp Disk
 Screws (g) to secure.

Proceed to "Step 2: Attach Arm to Mounting Post"



b.

е

Low Profile Mount

Follow steps 2-3 for Clamp Mount. Note: Low Profile Mount cannot be disassembled. 2. Slide base onto mounting edge (a). Tighten Clamping Screws (b) with hex key.

Proceed to "Step 2: Attach Arm to Mounting Post"

Direct Mount

1. Position unit in desired location on work surface.

2. Secure using four screws and washers as shown.

Proceed to "Step 2: Attach Arm to Mounting Post"

Grommet Mount

1. Separate the grommet mount assembly (bracket, mounting screws and backing plate) from the M7 pole assembly (a) by loosening the two pinch screws (b) and sliding it off the end of the pole. Leave the plastic cover on the pole.

Grommet Mount (continued)

 Remove lower plate (c) from grommet assembly by removing the three mounting screws (d).
 Remove backing from adhesive tape and place lower plate on underside of work surface, concentric with grommet hole.

 Position upper mount into grommet hole.

- 4. Determine which three of the four available mounting holes are needed for the specific grommet hole.
 Determine by using the hole style indicator (e) which is next to each hole.
- Small circles for small circular grommet holes.
 From 2.5" - 2.75"
- Large circles for large circular grommet holes.
 From 2.75" - 3.125"
- Squares for rectangular
 2 x 4 style grommet holes

5. Align three mounting screws with holes in lower plate. Snug three screws to table (f) but do not tighten.

Grommet Mount (continued)

 Insert vertical assembly (pole) into mount and tighten pinch screws (b) with pole at desired height.

7. Fully tighten three screws(d) that hold base to desk.

8. Lower plastic cover (g)down to cover upper mount.Proceed to "Step 2: AttachArm to Mounting Post"

Bolt Mount

1. Drill 1/2" hole through desk in desired location.

2. Apply protective foam sheet to bottom of base if desired.

3. Pass large bolt (a) through hole in curved plate (b). Make sure to note the direction of the curve. Pass bolt through hole in desk and screw into vertical assembly (pole).

4. Verify that the small hole(c) at the top of the pole isfacing away from the userand then tighten large bolt(a) with the provided wrench.

b.

rge bolt d wrench.

a.

Proceed to "Step 2: Attach Arm to Mounting Post"